

A Study on the Pioneering Implementation, Development, Achievements and Reflections of New Medicine in China — Taking Orthomolecular Nutritional Medicine as an Example—



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The booming development of future medicine has brought innovative concepts and technologies to renovate traditional healthcare systems. As a frontier medical discipline, new medicine faces prominent challenges in domestic localization. Taking orthomolecular nutritional medicine as a core case, this Presentation summarizes the author's years of localized exploration and frontline clinical practice in China.

The author began professional studies on the new medicine in Japan from 2011, with sincere gratitude to Dr. MIZOGUCHI for guidance. Committed to introducing it to China, the author started localized promotion and clinical transformation. In the initial stage, encountered multiple developmental bottlenecks, which brought great resistance to the early landing and popularization of the new medicine.

Guided by Dr. ARAKAKI' s "Never Give Up" philosophy and supported by numerous Japanese mentors, the author adhered to front-line outpatient clinical practice. While accumulating practical diagnosis and treatment experience, the author actively popularized nutritional concepts, carried out public health education, and maintained positive communication with authorities. By exploring compliant diagnosis and treatment paths suitable for China' s medical environment and building stable international academic exchange channels, the team successfully broke through developmental bottlenecks, realizing the preliminary localization and clinical application of orthomolecular nutritional medicine in China.

Empowered by distinguished Japanese experts including Professor Dr. FUKUZAWA, ARAKAKI, AKAGI, KANEKO, KOU, KONNO, TAKUMI, YANAGISAWA and FUKUTA, the team built an International telemedicine platform, which support tele-consultation and academic exchanges. The service scope has expanded from orthomolecular nutritional medicine to diversified fields, forming a complete, diversified and international innovative medical service system.

To improve the quality of services, the team conducted systematic quality optimization under the guidance of French Professor BURNEL. Adopting Donabedian' s classic "Structure-Process-Outcome" three-dimensional quality evaluation system, analyzed the core influencing factors. Full-process management were implemented to realize high-quality operation of this international telemedical services.

Years of in-depth clinical practice and international academic exchanges, combined with Professor Dr. Fukuzawa's proactive medical philosophy and the academic achievements of JSPCM mentors, have deepened the author's understanding of modern healthcare. At present, prevalent unhealthy lifestyles have become major inducements for the high incidence of chronic diseases and metabolic disorders. The traditional daily health guidance vividly known as "mom's nagging", including regular routines, balanced meals and light diets, is not outdated trivial experience.

This presentation will also interpret “mom’ s nagging” , explore the inherent correlations between ancient nutritional health philosophies and modern orthomolecular medicine. We look forward to joining hands with all peers to embrace a new era of future medicine featuring higher efficiency, human-centered care and universal accessibility.

略歷

- Possesses a 27 years of clinical dermatology practice, with 19 years of service in public Grade A tertiary hospitals, followed by 8 years experience at leading premium private medical institutions in China;
- 15 years of experience of International Tele-medicine;
- A state-sponsored SASAGAWA Medical scholar to Japan for Cosmetic Dermatology learning;
- Holding PhD's Degree in Healthcare Management from France, University of Montpellier and Medical Master's from China, Qingdao University;
- Completed Training: Western Doctors Learning TCM in China.
- Completed Training: Mineral fasting in Kyorin Preventive Medicine Institute, with Director, Dr.Yamada, Japan
- Advocating a holistic view of the human body, focusing on the interconnection between cutaneous status and internal systemic homeostasis.

所属団体等

- Member of Japan-China Medical Association
- Scholar of Japan Tokyo Women's Medical University (Hospital)
- Executive director of SASAGAWA China-Japan Medical association
- Vice president of Cosmetic Dermatology & Plastic surgery Committee of Chinese Medical Association, Qingdao
- Committee member of Laser committee of Cosmetic society, Chinese Medical Association
- Certificate doctor of Orthomolecular Nutritional Medicine (Japan)
- Member of International Society for Orthomolecular (Nutritional) Medicine
- Vice President, Branch of Traditional Chinese Medicine Rehabilitation, China Association for the Promotion of Population Culture
- Member of International Red Cross Society, China- Korean Medical volunteer group
- Medical consultant of Dale Carnegie Training(U.S.A.), Shandong, China
- Haier Open Innovation Technology Platform Technical Advisor

資格・肩書等

Director of International Tele-health Center, Chief Physician of Dermatology & Cosmetic Center, Parkway Shanghai Hospital, IHH group

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